### Classic breakfast |

Served with choice of toast | regular coffee or juice

**All Canadien** | two eggs\* any style | crisp hash browns | choice of bacon, sausage or rosemary ham 15\$

Good Start | oatmeal, cold cereal or organic granola | fresh berries or bananas | skim milk or plain yogurt 14\$

# 3-egg omelets

With hash browns and bread choice: white | wheat | organic | English muffin | bagel | croissant

Classic ham and aged cheddar | hash browns 12\$

Egg white | spinach | tomato | pesto | fresh fruits 13\$

**Grilled chicken** | green shalot and Portneuf brie cheese | hash browns 15\$

Herb sausage | maple sirup apples | Mamirolle cheese 13\$

# Modern classics

**Crunchy French toast** | Corn Flakes© crusted | strawberries & bananas | maple syrup 14.50\$

**Fast fare** | scrambled eggs with rosemary diced ham | hash browns | choice of toast 11\$

**Eggs Benedict** | two poached eggs\* | toasted English muffin | rosemary ham | hollandaise sauce | hash browns 15\$

Western casserole | scramble eggs\* | onion | bell pepper | tomato | ham | cheese | topped with mirror egg | choice of toast 13\$

Frittata\* | pancetta | brocoli | roasted bell pepper | Gabrielle potatoes | Swiss cheese | arugula | choice of toast 14\$

**OLT Sandwich** | spinach omelet\* | tomato | lettuce | Swiss cheese | organic bread | hash browns 12\$ extra ham: 3\$

Crepes | blueberry and cranberry compote | maple butter 11\$

**The Energizer** | poached egg | Portneuf brie cheese | fresh fruits | organic bread [500 cal.] 12\$

### Etc.

Crisp bacon | 5\$

Sausage | 5\$

Ham | 5\$

Hash browns | 3,50\$

Single egg | 3\$

Side of fruit [500 cal.] 7\$

Yogurt and granola parfait | choice of berries 8\$

Oatmeal | brown sugar | raisins | milk [440 cal.] 5\$

Cereal | choice of berries or sliced banana | milk 5\$

# Beverages

**Juice** | small 2.50\$ large 4.50\$

(Orange, grapefruit, apple, cranberry, tomato)

Starbucks™ Coffee – regular or decaffeinated | 2.75\$

**Hot Tazo™ tea** | 2.75\$

**Espresso** | 3.25\$

Cappuccino | 5\$

**Latte** | 4.50\$

Hot chocolate | 5\$

Milk | 3\$

